



SWIMBRIDGE
CORONAVIRUS SUPPORT GROUP
A Community Working Together

USEFUL INFORMATION	CONTACT	LOCATION	PHONE NUMBER
NEED ASSISTANCE?	<p>Phone or contact the Swimbridge Coronavirus Support Group email swimbridgecsg@gmail.com / facebook Swimbridge Coronavirus Support Group For website updates visit : http://www.swimbridgejubileehall.com Additional info also available from facebook Swimbridge Village Forum and Landkey Village Forum pages</p>	Swimbridge	07395 319378
	<p>we have a team of volunteers who will :</p>		
	... Pick up your shopping		
	... Have a friendly phone call with you		
	... Post your mail		
	... Pick up urgent supplies including prescriptions		
	... Deliver books, jigsaws, dvds depending on availability		
	... Offer transport		
	... Walk your dog		
	... Offer internet training, ie how to make an online supermarket order		
SWIMBRIDGE JUBILEE HALL	<p>The Hall will remain open for the Swimbridge Coronavirus Support Group. DVDs, jigsaws, books are being collected / can be taken from under the front canopy. There is also a container for Food Bank donations and a separate donation container for Swimbridge residents.</p>	Swimbridge	830311
FOOD AND TOILETRIES	<p>See separate "Useful local providers" list for local businesses who are offering support/deliveries</p>		
	<p>If you need support during this time, please phone the Swimbridge Coronavirus Support Group</p>	Swimbridge	07395 319378
	<p>Swimbridge are collecting for Barnstaple's Food Bank and for those in Swimbridge that need help. If you have any non perishable items you can donate please leave in the boxes under the Swimbridge Jubilee Hall front canopy. Thank you.</p>	Swimbridge	830311
	<p>There is an allotment stall on the gate on Swimbridge Village square where you can get vegetables, fruit and flowers as and when available.</p>	Swimbridge	
TRANSPORT	<p>There are NO BUSES from Swimbridge as from Monday 30th March 2020.</p>		
	<p>Ring and Ride - NO LONGER AVAILABLE AS FROM 26.3.20</p>	Barnstaple	328866
	<p>Nick Little taxi service will transport Swimbridge residents to the hospital for free</p>	Swimbridge	07707612231
	<p>AAA Taxis</p>	Barnstaple	545004

BANKING	Many of the providers that are delivering food and toiletries will take payment by card or cash when they arrive with your goods or they may ask you to make an advanced payment.		
	If you need to transfer money to pay for groceries, etc, and you do not do online banking, just call your bank and explain your situation. They can send money from your account to the person you need to pay by bacs transfer. You will need to have your sort code and account number to hand when you phone your bank and you will need to have the name, sort code and account number of the person you need to pay. Make sure you give a reference, ie your surname when you make the payment so that the receiver knows who made the payment.		
POST OFFICE /DELIVERIES	Our local postman has asked us ALL to please keep our door bells, knockers and letterboxes wiped and clean.	Swimbridge	
	The post office at Lyncroft Stores in Landkey is open every day.	Landkey	830278
	There is a post office service in Swimbridge Church on Tuesday's only from 2-4 pm - includes cash and pension withdrawals.	Swimbridge	830764
CHURCH	St James Church is closed but the Post Office in the Church will remain open on Tuesdays, 2-4pm	Swimbridge	830764
	You can listen to regular Services by our vicar Rev'd Shaun O'Rourke on f Mission Services Programme		
SUPPORT	Encompass are offering a Northern Devon Community Telephone helpline - if you have concerns about welfare, benefits, money, housing or mental health support from Mind followign the COVID 19 outbreak please call them for advise and speakto one of their trained advisers. All advice is free and confidential.		371499
	Domestic Violence Assistance		0800 195 8699
	Samaritans		116 123
RECYCLING	Request from North Devon Council : Separating your glass from your plastic recycling in your recycling box is just one of the things you can do to help our waste and recycling crews on their rounds during this uncertain time. Check out their news pages for more info: https://www.northdevon.gov.uk/news/2020/march/help-keep-north-devon-waste-and-recycling-crews-moving		
ENTERTAINMENT	Check out https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home —It is a list of free, online, boredom-busting resources!		
	Lyncroft Stores are collecting DVDs and jigsaws	Landkey	830278
	Swimbridge Jubilee Hall are collecting DVDs and jigsaws - leave donations under the front foyer canopy. We can deliver to those that need these items.	Swimbridge	830311
	The Church is closed (with exception of the post office on Tues). Some of the books will be outside the hall.		
	Gill Armstrong at 1 High Street, Swimbridge has a box of DVD's outside her house - just help yourself.	Swimbridge	
OTHER	Make our older residents happy ... Swimbridge Nursing Home have asked for adults and children to send letters, drawings and cards to their residents to lift their spirits as they are unable to receive visitors. They have a large coffee box outside to put them in. Thank you	Swimbridge	
	Go on, why not cheer everyone up by placing a teddy bear or a rainbow picture in your window		